

The Harp at Letterston was originally a 15<sup>th</sup> century farm and country Inn. The sandall family have now owned it for 40 years. We have extended, refurbished and up-graded over that period and finally added the four-star visit Wales graded letting rooms in 2011.

We are fully committed to using as much local produce as possible in our menu and are supporting the local butchers, and suppliers, as well as the surrounding farming community. We make 95% of our menu, to ensure that we are able to cater for almost all dietary need, please ask for any information you require.

We cater for All dietary requirements ,  
as well as offering a large vegan / vegetarian section

Our extensive disabled facilities mean that we have now complete wheel chair access in all our buildings. All our rooms are completely disabled friendly and one has a designated, fully disabled friendly wet room.



**31 Haverfordwest Road, Letterston, Haverfordwest  
Pembrokeshire SA625UA**

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**[www.theharpatletterston.co.uk](http://www.theharpatletterston.co.uk)**

## face book :- the harp Letterston

### Harp Starters

<b>Trio of Fish Terrine</b>	£8.55
Smoked sea trout, lobster and salmon, with fresh herbs, wrapped in smoked salmon	
<b>Traditional Soup of the day</b>	£5.95
Served with a crusty roll	
<b>Prawn Cocktail Stack</b>	£7.65
Delicate prawns, served in The Harp's Marie Rose sauce, made with mayonnaise, lemon juice, Worcester sauce and pureed, sweetened tomatoes	
<b>Crispy Whitebait</b>	£6.95
Deep fried whitebait, served with a dill mayonnaise and buttered, granary bread	
<b>Crusty Garlic Bread</b>	
Without cheese	£4.55
With melted mozzarella cheese	£4.95
<b>Smooth Chicken Liver &amp; Cognac Pâté</b>	£6.95
With toasted granary bread	
<b>Creamy Garlic Mushrooms</b>	£6.95
Garlic, cream, and fresh mushrooms, in a puff pastry case, a perfect combination	
<b>Creamy Mussels</b>	£10.95
Mussels, fresh chilli, garlic and onion in a white wine cream sauce	
<b>Sizzling Tiger Prawns</b>	£10.95
King prawns cooked in garlic butter and served on a hot plate to make them sizzle	

### Side Dishes

<b>Bowl of crisp salad</b>	£2.95	<b>Nachos</b>	£4.50
		Topped with sour cream, salsa and cheese	
<b>Deep fried onion rings</b>	£2.95	<b>Oven baked garlic bread</b>	
<b>Roll and butter</b>	70p	Without cheese	£4.55
		With melted mozzarella cheese	£4.95
<b>Chicken chunks</b>	£6.00	<b>Extra chips or potatoes</b>	£2.50
10 chicken chunks served with sweet chilli dip		<b>Extra portion garlic mushrooms</b>	£2.50
<b>Dirty fries</b>	Chips topped with mozzarella cheese, sour cream and chilli mince		£5.00

## Main Dishes

**Traditional Oven Baked Beef Lasagne** £12.95

A homemade recipe of prime local beef, with layers of pasta coated with Béchamel sauce

**Cold Home Baked Ham** £10.95

Cooked on the premises

**1/2lb BLT Burger** £9.95

1/2lb beef patty, in a sour dough bun with bacon, lettuce and tomato. Chips on the side

**1/2lb Cheese Burger** £9.95

1/2lb beef patty, in a sour dough bun, and topped with cheese. Chips on the side

**Chicken and Welsh Leek Pancake** £12.95

Homemade pancake -topped with melted cheese

**Cheese and Tomato Pizza** £10.95

Homemade pizza base, layered with rich tomato sauce topped with cheese and slices of tomato

**Ham and Mushroom Pizza** £10.95

Homemade pizza base, layered with rich tomato sauce topped with cheese and fresh ham and mushrooms

**Meat feast Pizza** £12.50

Homemade pizza base, layered with rich tomato sauce topped with cheese ham , pepperoni , chorizo sausage and onion

**Thick Sliced Gammon Steak** £14.95

Served with either egg or pineapple or both

### **Steaks and Grills**

**12oz Sirloin steak** £22.95

**12oz Rib-Eye Steak** £23.95

**12oz Rump Steak** £19.95

**Mixed Grill** £22.95

Includes gammon, pork sausage, lamb chop, rump steak, pork steak.

All steaks come with mushrooms and onion rings as a garnish

**Peppercorn Sauce** £3.50

**Diane Sauce** £3.50

**Garlic Butter** £3.50

### **Basket meals**

**Chicken chunks and Chips** £10.00

**Chicken and chips** £10.00

**Sausages and chips** (pork and beef /or vegetarian options ) £8.00

### **Home-made curries**

**Creamy Chicken Korma** £13.95

A coconut based mild curry

**Chicken Tikka-Masala** £13.95

A tomato based, medium hot, curry

**Chicken Jalfrazi** £14.50

Medium hot, tomato based

**Chicken Green Thai** £14.95

A cream based, green chili and peppers curry

**Chicken Red Thai** £14.95

A spicy cream based, fresh red chili curry

**Chicken Madras** £14.50  
hot, tomato based (can be made hotter on request )

All can be served with rice /chips or ½rice or ½ chips

We can substitute king prawns in any of our curries for an additional £3.00

### Seafood

**Extra Large Battered Cod** £13.95  
with our own homemade batter

**Salmon and Cod Fishcakes** £13.75  
Flakes of salmon and cod, coated in breadcrumbs and served with a dill mayonnaise

**Whole Tail Breaded Scampi** £13.95

**Seafood Lasagne** £13.95  
Layers of pasta, covered in béchamel sauce, with salmon, cod, prawns, and seasonal vegetables

**Smoked Salmon and Greenland Prawn Salad** £14.50

### Vegetarian/Vegan section

**The Harp Vegetable Lasagne (v)** £13.95  
Made with layers of oven baked vegetables, pasta and béchamel sauce,

**Closed Cup Mushroom & Welsh Leek Pancake(v)** £13.95

With double cream and finished with melted cheese

**Vegetable Tikka curry (vegan)** £14.95

**Italian Aracini balls (v)** £14.95  
Spicy tomato, green lentil and 0spinach, or wild mushroom

**Beetroot falafel (vegan) on a tomato and basil sauce** £13.95

**Goats Cheese Aracini balls (v)** £13.95

**Vegetarian burger (v) with fresh salad and in a sour dough bun** £9.95

### Children and Teen Menu

	<b>Children / Teen</b>	
<b>Chicken Tikka</b>	£6.00	£8.00
<b>Chicken Korma</b>	£6.00	£8.00
<b>Pizza</b>	£6.00	£8.00
<b>Scampi</b>	£6.00	£8.00
<b>Fish Fingers</b>	£6.00	£8.00
<b>Sausages</b>	£6.00	£8.00
<b>Chicken Burger</b>	£6.00	£8.00
<b>Lasagne</b>	£6.00	£8.00
<b>Chicken Chunks</b>	£6.00	£8.00
<b>Cooked Ham</b>	£6.00	£8.00

All children and teen meals are served with either rice or chips with the option of either beans or peas ,except with the pizzas